

To our Community Center Members,

Thank you for being a member of the Dr. Martin Luther King, Jr. and Kosciuszko Community Centers and for your continued support of Milwaukee County Parks.

After being closed for the past 8 months, we are excited to let you know that beginning Wednesday, November 18th, 2020, we will be opening the weight rooms at the community centers. Unfortunately, at this time we are not able to open other areas for member use. We recognize how important it is to follow current health guidelines and we intend to implement some new practices to follow with health and safety at the forefront. You will see new rules, new cleaning routines, signage to reinforce physical distancing policies, limited activities, and spaces, and more. Below is a guide to these new policies for our members so you know ahead of time what to expect when you visit. Please take the time to read through them and familiarize yourself for the safety of you and others.

Please keep in mind that these guidelines are subject to change based on new information or additional guidance from government and health officials as well as Milwaukee County.

Member Reopening Guide: What You Can Expect

Facility Hours

During our first phase of reopening there will be limited hours. The centers will look to adapt hours as circumstances change.

- **Dr. Martin Luther King Community Center hours:**
Monday Wednesday -10:00am-7:30pm.
Tuesday/Thursday -12:00pm- 7:30pm.
The facility will be closed Friday- Sunday.
- **Kosciuszko Community Center hours:**
Monday Wednesday -8:00am-6:00pm
Tuesday/Thursday -12:00pm- 7:00pm.
The facility will be closed Friday- Sunday.

Limited capacity- reservations

The Community Centers (weight rooms) will have a limited capacity. In order to allow for proper physical distancing there will be limited capacities. Members will be asked to sign up for an hour timeslot the day prior to attending. You will be allowed access to the building 5 min prior to your time.

- Call the Community Centers during business hours the day prior. You must speak to and reserve your slot with the Center staff.
- Timeslots will be limited to one hour.

- Failure to show for your time slot may result in loss of ability to make future reservations.

Important Rule Changes

- **MASKS REQUIRED-** *All users including Members, Staff and Visitors are required to wear a face mask at all times while inside the facility.* This includes while working out per Milwaukee County's Universal face mask order.
 - **Type of Face Masks Approved:**
 - **Allowed:**
 1. Cloth face masks with two or more layers of breathable, washable fabric
 2. Disposable face masks, such as non-medical grade paper or procedure masks.
 3. FDA-approved face masks for sign language (ASL or LEP) interpreters
 - **NOT allowed:**
 1. Neck scarves or bandanas
 2. Neck gaiters or buffs
 3. Winter scarfs
 4. Face shields
 5. Masks with exhalation valves or vents
 6. Masks with inappropriate images or writing
 - Cloth face masks should be cleaned after use.
- **HEALTH SCREENING-** Prior to entering the facility all members will be asked to do a self-temperature check and a self-screen for COVID symptoms using the following questions prior to reporting on site:
 - Are you or do you have:
 - i. Feverish or temperature of 100.4°F (38.0°C) or higher
 - ii. Chills
 - iii. Nausea or vomiting
 - iv. Diarrhea
 - v. New shortness of breath or difficulty breathing
 - vi. New congestion or runny nose
 - vii. New loss of taste or smell
 - viii. New sore throat
 - ix. New cough
 - x. Headache that is new or different
 - xi. Unexpected fatigue
 - xii. Unexpected muscle or body aches
 - If Members have or report any of these symptoms, they will not be allowed into the facility at that time.
 - If any of these symptoms arise while visiting the center, we require that members leave the center.
 - If members develop symptoms, we ask that they report it to the center staff for purposes of contact tracing.
 - Please do not come to the facility if you have been in contact with someone that is ill.

- **PHYSICAL DISTANCE**-At all times in the building please follow physical distance guidelines and stay at least 6 ft from others. **While using the equipment or weights, it is required that you keep a physical distance of 12 feet.** Certain machines and areas of the weight room may be marked as closed or eliminated to allow for appropriate physical distancing.
- **MEMBERS ONLY**- No guest or day passes will be allowed at this time. Facility use will be for members only.
- **LOCKER ROOMS AND SHOWERS WILL BE CLOSED**-Restrooms will be open but locker room and showers will be closed at this time. There will be no usage of personal lockers allowed. Restrooms will be limited to one person at a time.

What about the months when the Center was closed?

Memberships will be extended. We value all of our members and have extended memberships 290 days, about 10 months, for the time you were not able to visit our facility and utilize our amenities. For example, if you have an annual membership with an expiration date of March 28th, your membership expiration date will be extended to December 25th. We will continue to extend memberships to members that do not utilize the weight room and will work with every member individually to achieve this outcome.

What are we doing to keep you safe?

- **Creating an environment that allows for physical distancing.** Equipment will be either moved or taken out of service to accommodate physical distancing. Facility capacity limits will help to maintain physical distancing.
- **Enhancing facility cleanliness.** Cleaning and equipment sanitization will occur frequently throughout the facility.
 - All high-traffic surfaces will be disinfected multiple times a day. All gym equipment & machines will be cleaned throughout the day.
 - Members will be required to put away and wipe down equipment before & after their workout.
 - Slight adjustments to facility hours will allow for daily, after-hours, facility-wide cleaning.
 - Center employees will wear a face masks at all times.
 - Center employees will also do daily health screenings.
- **Increasing the number of health and safety stations.** Additional new sanitation stations with wipes, hand sanitizer, and other cleaning supplies will be available throughout the facility for member use.
- **Supporting and monitoring staff and member wellness.** There will be daily temperature and health checks for both staff and members to ensure our facility environment remains safe and healthy.
- **Contactless entry.** Members will scan their membership card. Office staff will be separated by glass. Only credit card payments will be taken at this time. No cash payments.

How can I help keep myself and others healthy?

- **Follow guidance and signage** posted throughout the facility.
- **Wash/sanitize hands frequently**, especially upon entering the facility and after using equipment.
- **Wipe down equipment** before and after use.
- **Maintain physical distance**. Please exercise only on designated equipment and respect all signage regarding physical distancing.
- **Face coverings are required** for all members while inside our facility.
- **Please do not come to the Center if you have a fever, are experiencing flu-like symptoms**, or have been in close contact with someone who is ill.

What should I bring with me?

- Face coverings will be required for members while inside our facility.
- Please bring your own water bottle.

What areas of the facility, programs, and amenities will be available?

- The weight rooms with proper physical distancing, will be available for use.
- Restrooms, including toilets and sinks, will be available for use.

What areas of the facility, programs, and amenities will not be available?

- The basketball gym, boxing and karate rooms, and all other non-weight rooms will be closed at this time.
- The use of lockers and showers will not be available.
- Group fitness will also not be available at this time.

Who should I contact with questions about the Community Center reopening?

King Community Center (414)-344-5600 or ParksKingCC@milwaukeecountywi.gov

Check out our website soon for updates : <https://county.milwaukee.gov/EN/Parks/Explore/Community-Centers/MLK-Center>

Kosciuszko Community Center (414) 645-4624 or ParksKosciuszkoCC@milwaukeecountywi.gov

Check out our website soon for updates: <https://county.milwaukee.gov/EN/Parks/Explore/Community-Centers/Kosciuszko>

Thank you again for your current membership and support. We can't wait to see you soon!

Milwaukee County Parks and King and Kosciuszko Community Center Staff